Saskatoon Rural Health Region 1988-89

Annual Report

Once you begin EVERYONE WINS

TABLE OF CONTENTS

	Page
Director of Support Services' Report	1
Organization Chart	3
Health Districts/Municipal Health Representatives . . .	4
Regional Board Members	5
Public Health Nursing Report	6
Public Health Inspection Report	12
Chiropody Program	15
Early Childhood Psychology Report	17
Public Health Nutritionist's Report	17
Speech/Language Pathology Report	22
Dental Health Education Program Report	25
Community Therapists' Report	30

DIRECTOR OF REGIONAL SUPPORT SERVICES' REPORT

On behalf of the staff of the Saskatoon Rural Health Region it gives me pleasure to present the 1988/89 "Annual Report."

Sincere thanks are expressed to all Program Managers and field staff for their commitment and dedication to providing top calibre health services to the clientele within the boundaries of the Saskatoon Rural Health Region.

I would like to express a very special thanks to Mary Beug (Senior Steno); also to Doreen Chyz, Phyllis Keen and Edna Birnie for their cooperation, expertise and professionalism. Keep up the good work - you have performed well under pressure due to staff shortages.

LLOYD ONISHENKO

Throughout the year staff changes occurred, but were not as prevalent as the year before. The position of Medical Health Officer/Regional Director was finally filled last October with the transfer of Dr. A. Heimann from the Melfort-Tisdale Health Region. He subsequently resigned in January to take up a port in Ontario. Shortly after his departure, the position was filled with the transfer of Dr. Paul Schnee from the North Battleford Health Region.

Other staff changes also took front and centre stage, these were: Susan Aubin (Clerk Typist II) transferred to the Farm Credit Corporation, her position was filled by Janice Lebold who transferred from Social Services, Janice then transferred to the Department of Justice (promotion); Cameron Barr (Early Childhood Psychologist) resigned and moved to Calgary, his position was filled by Eigil Jensen; Audrey Conn (PHN I) transferred from Lanigan District Office to Saskatoon; Myrna Mann (PHN I) transferred from Melfort-Tisdale Health Region to Lanigan; Karen Wasylenko (SLP) took a 6-month leave of absence in late March (maternity) and was replaced by Orlene Martens; and Jean Porter (PHN III), Nursing Supervisor at Rosetown, became twinned with the Saskatoon Rural Health Region.

In closing, I would like to thank Wally Badowsky, Board Chairman, and the Regional Board of Health for their concern and commitment to improving health care in the region along with the help of Municipal Health Representatives.

Finally, I would like to thank all staff personnel for their overall performance, professionalism and commitment in providing excellent health care. You have done a tremendous job and should be proud of your achievement.

COMMUNITY HEALTH SERVICES BRANCH
RE-ORGANIZATION

Regional Structure
March 31, 1989

Medical Health Officer and Regional Director

Dr. Paul F. Schnee

Public Health Nurse III

Jean Porter

Public Health Nurse II

Bev Thompson

Public Health Nurse I

Mary Barilla
Claudia Berscheid
Lorraine Dixon
Daphne Goodman-Eifler — J/S
Debbie McCannell — J/S
Marilyn Morrow
Colleen Muench
Eleanor Ritchie
Cathy Palmer — Davidson
Karen Podiluk (T) — Davidson
Myrna Mann — Lanigan
Donna Szeman-Wolitski — Lanigan
Audrey Conn

Speech-Language Pathologists

Colleen Kells
Karen Wasylenko

Early Childhood Psychologist

Eigil Jensen

Senior Public Health Inspector

Bill Wright

Public Health Inspector II

Terry Gibson
Angela Spitz

Nutritionist

Johanna Bergerman

Dental Health Educator

Charlotte Salte
Leslie Topola
Margot Wallace

Director of Support Services

Lloyd Onishenko

Community Therapists

James Gattinger (P/T)
Dana Best (P/T) - Lanigan
Helene Schaan (P/T) - Watrous

Chiropodists

Dr. Ed Hauck
Dr. Pat Reilly

Certified Nursing Assistants

Maureen Frank
Dorothy Gamble

Clerical

Mary Beug (Senior Steno)
Vacant
Doreen Chyz
Edna Birnie (P/T)
Phyllis Keen (P/T)

Legend
J/S - job sharing
T - temporary
P/T - part-time

MUNICIPAL HEALTH REPRESENTATIVES
Saskatoon Rural Health Region, 1989

Health District No. 1

Bruno	Jerome Strasser	Box 326, Bruno S0G 0S0
Colonsay	William Kruining	Box 103, Colonsay S0K 0Z0
Craik	Ted Obrigowitsch	Craik S0G 0V0
✱ Davidson	Dr. F. Al-Katib	Box 698, Davidson S0G 1A0
Imperial	David G. Kelly	Box 355, Imperial S0G 2J0
Lanigan	Brian Thirsk	Box 194, Lanigan S0K 2M0
Watrous	W. H. Eltom	Box 550, Watrous S0K 4T0
Aylesbury	Joanne McAlpine	Aylesbury S0G 0B0
Bladworth	Peter D. Beckie	Box 55, Bladworth S0G 0J0
Drake	Jake K. Neufeld	Drake S0K 1H0
Etters Beach	Donald Anderson	Liberty S0K 2A0
Girvin	Maury Dolan	Box 22, Girvin S0G 1A0
Guernsey	Darlene Dunne	Box 152, Guernsey S0K 1W0
Jansen	Norman Abell	Box 1, Jansen S0K 2B0
✱ Kenaston	Lillian Sellers	Box 183, Kenaston S0G 2N0
Liberty	Donna Schreffler	Box 143, Liberty S0K 2A0
Lockwood	Bert Meissner	Lockwood S0K 2R0
✱ Manitou Beach	Arnold Struthy	Box 1213, Watrous S0K 4T0
Meacham	Sandra Savage	Meacham S0K 2V0
Plunkett	Michelle Mann	Plunkett S0K 3J0
Simpson	Kurt Vanthuyne	Box 274, Simpson S0G 4M0
Viscount	Brian Desmarais	Viscount S0K 4M0
Young	Joyce Brennan	Young S0K 4Y0
Zelma	Maxine Fischer	Box 22, Zelma S0K 4Z0
Arm River 252	Lorne Willner	Box 784, Davidson S0G 1A0
Bayne 371	Francis Yungwirth	Box 429, Bruno S0K 0S0
Big Arm 251	Bev McDougall	Box 104, Liberty S0G 3A0
Colonsay 342	Ray Simmons	Colonsay S0K 0Z0
Craik 222	Hilton Spencer	Box 144, Craik S0G 0V0
McCraney 282	Frank Masich	Box 95, Bladworth S0G 0J0
Morris 312	Donald Peevers	Zelma GMB 34, Allan S0K 0C0
Prairie Rose 309	Ron Pedderson	Jansen, S0K 2B0
Usborne 310	Donald J. Bowman	Box 86, Guernsey S0K 1W0
Viscount 341	James Dale	Box 51, Plunkett S0K 3J0
Willner 253	Viola Greene	Box 388, Davidson S0G 1A0
Wood Creek 281	Leslie Saelhof	Box 304, Simpson S0G 4M0

✱ BOARD MEMBERS

Health District No. 2

Allan	Deanna Guidry	Box 395, Allan S0K 0C0
Hanley	Ernest Matycio	Hanley S0G 2E0
✱ Vonda	Wally Badowsky	Box 220, Vonda S0K 4N0
Aberdeen	Mrs. K. Gordon	Box 208, Aberdeen S0K 0A0
Bradwell	Karen Zasitko	Bradwell S0K 0P0
Clavet	Elsie Gronadahl	Box 150, Clavet S0K 0Y0
Dundurn	vacant	
Elbow	Mr. Wankel	Elbow S0H 1J0
Elstow	Gilbert Gaudet	Box 86, Elstow S0K 1M0
Hawarden	Gerry Cooper	Box 10, Hawarden S0H 1Y0
Loreburn	Sharon Wankel	Box 146, Loreburn S0H 2S0
Prud'homme	Mayor Steve Sopotyk	Prud'homme S0K 3K0
Strongfield	Darryl Norrish	Strongfield S0K 3Z0
Resort Village of Shields	Joan Hiebert	2624 Munroe Ave., S'toon
Resort Village of Thode	Esther Genereux	Box 36, Dundurn S0K 1K0
Aberdeen 373	Don Hryciw	Box 65, Aberdeen S0K 0A0
Blucher 343	Mae O'Hagan	Box 178, Allan S0K 0C0
Dundurn 314	Kelvin Boechler	R.R.#5, Saskatoon S7K 3J8
Grant 372	Peter Denis	Box 11, Vonda S0K 4N0
Loreburn 254	J. A. Forrest	Box 40, Loreburn S0H 0C0
✱ Lost River 313	Gertrude Barnes	Box 266, Allan S0K 0C0
Rosedale 283	William Hannah	Box 267, Kenaston S0G 2N0

Health District No. 3

Asquith	Helena Peters	Box 345, Asquith S0K 0J0
Dalmeny	Linda Mathers	P.O. Box 250, Dalmeny S0K 1E0
Delisle	Clay Driver	Delisle S0L 0P0
Langham	Dennis Gossen	Box 25, Langham S0K 3A0
Martensville	Holly Heatherington	Box 155, Martensville S0K 2T0
✱ Osler	Sarah Peters	Box 154, Osler S0K 3A0
Radisson	Violet Kyluik	Box 99, Radisson S0K 3L0
Waldheim	Kathy Yurkowski	Box 147, Waldheim S0K 4R0
Warman	Ron Gidluck	Box 375, Warman S0K 4S0
Borden	Clarence Williams	Borden S0K 0N0
Hepburn	Thelma Dirks	Box 235, Hepburn S0K 1Z0
Laird	Walter Funk	Box 73, Laird S0K 2H0
Vanscoy	Mary Campbell	Vanscoy S0L 3J0
Corman Park 344	Dick Friesen	Box 309, Warman S0K 4S0
Great Bend 405	Ken Tanchak	Box 150, Borden S0K 0N0
Laird 404	Henry A. Baerg	Box 7, Dalmeny S0K 1E0
Montrose 315	Ray Boehm	R.R.#3, Saskatoon S7K 3J6
✱ Vanscoy 345	Donald Kinzie	R.R.#3, Saskatoon S7K 3J6

✱ BOARD MEMBERS

REGIONAL BOARD OF THE
SASKATOON RURAL HEALTH REGION

Left to right:

Wally Badowsky, Sarah Peters, Donald Kinzie, Lillian Sellers,
Dr. F. Al-Katib, Gertrude Barnes, Arnold Strueby

PUBLIC HEALTH NURSING SERVICES

Prenatal

Classes for expectant parents are held at central locations. A series of six classes are offered; two preferably early in pregnancy concerning nutrition, healthy lifestyles and four late classes dealing with labor, delivery, infant care and related topics.

Home visits may be made when there is need for information, but when couples are unable to attend classes.

Postnatal

Home visits or phone contacts are made to new parents within the first month following delivery.

JEAN PORTER

Infant and Preschool

Child Health Conferences (CHC's, Baby Clinics). At the CHC's, the public health nurses offer child health counselling to parents along with immunization and screening procedures according to the schedule below:

Routine Immunization and Screening Schedule
(The Passport to Health Program)

PROCEDURE	2 mo.	4 mo.	6 mo.	12 mo.	18 mo.	3 yr.	4 yr.
Meningitis (*H.I.B. Vaccine)					x		
Diphtheria, Pertussis, Tetanus (DPT)	x	x	x		x		x
Oral Polio (OPV)	x	x	x		x		x
Measles, Mumps, Rubella (MMR)				x			
Denver Developmental Screening			x	x	x	x	
Hearing Screening (Audiometer)							x
Speech and Language Screening						x	
Vision Screening							x
Physical Assessment (ht., wt., etc.)	x	x	x	x	x	x	x
Nutrition Assessment (questionnaire)	x	x	x	x	x	x	x
Hearing Assessment (questionnaire)		x	x			x	

*H.I.B. vaccine = Haemophilus Influenza Type B Conjugate Vaccine

Home visits may also be made for communicable disease, concern re growth and development, arranging for services, providing additional information on health matters, setting up and teaching about SAIL respiratory equipment.

School

Services consist of vision screening of 6 and 9 year old, health advice to students, individual health teaching as needed, seeing referrals from teachers. Immunization is mainly rubella vaccine for girls under 13 who have not been immunized; reinforcement doses of Diphtheria and Tetanus Vaccine and Oral Polio Vaccine for 14 year olds. Students who have not been fully immunized may receive the recommended vaccines for their age. Screening for communicable conditions such as head lice and scabies may be done.

Nurses will act as resource persons for teachers upon request, depending on other commitments.

Adults

Home visits are made on a variety of health matters. SAIL respiratory equipment, C.D. investigation, chronic diseases are the most common.

Community or group education involving adults may be provided on request.

Health Education and Promotion

Nurses take part in a variety of activities that improve community knowledge and attitudes to health through contact with groups from preschool to senior adults by participation in community projects and interagency activities.

The PHN works as a member of the health care team and is a member of the community she works in to encourage and enable people to meet health needs as they identify them.

PUBLIC HEALTH NURSING REPORT

The Public Health Nurses of Health Region #8 have completed another busy and successful year. They are to be commended on the dedication and enthusiasm with which they carry out the nursing programs in their district and respond to requests from the community which require innovation and extra preparation on their part.

Staff Vacancies

PHN I position - Lanigan - October 1988 to January 1989

RNS position - Saskatoon - April 1, 1988 to September 30, 1988.

Appointments and Transfers

Claudia Berscheid, PHN I, Saskatoon switched from part time to full time in June 1988.

Audrey Conn, PHN I transferred from Lanigan to Saskatoon, October 1, 1988.

Jean Porter, RNS twinned with Rosetown Health Region commenced duties in Health Region #8 October 1, 1988.

Bev Thompson resumed PHN II duties instead of Acting RNS, October 1988.

As a result of the newly acquired position in Saskatoon office, nursing districts were adjusted in June in an attempt to equalize case loads for Saskatoon nurses.

Prenatal Services

Early and late series were conducted this year. We would like to encourage more parents to attend the early classes to get information regarding nutrition and lifestyle habits conducive to have a healthy baby.

Infant and Preschool Services

Child Health Conferences continue to be very well utilized. Additional clinics had to be scheduled occasionally to reduce the waiting time for appointments. A new vaccine against Haemophilus influenza type B which is one cause of meningitis was introduced for use in 18 month old children; it is normally given at the same clinic visit as the 4th dose of DPT and oral polio vaccine. The "HIB" vaccine has few side effects reported to date.

The Denver Developmental Screening Test was under evaluation; public health nurses kept extra statistics regarding this procedure until June 30. A committee then examined the numbers of referrals and other data to determine the effectiveness of this tool.

The Vision Screening Program was changed due to recommendations of the vision screening committee commencing January 1, 1989. The children are routinely screened at four years as before. The cover/uncover test was stopped as it did not prove to be an accurate procedure and the Illiterate E charts were replaced with the symbols H, O, T, V, which help to eliminate the children who were failing the screening because of problems with direction rather of vision.

The Speech Language Screening Program was revised, utilizing a questionnaire/observation format which was field tested by Saskatoon and Yorkton Regions, August 1 to November 30, before implementation. Although the official starting date was April 1, 1989, public health nurses continued to use the new tool, receiving orientation to changes to the questionnaire in March at Staff Conference.

Simpson CHC was relocated in the United Church instead of the school as adequate space was no longer available in the school.

School Services

A new Vision Screening Program for school age children was introduced in January. Children who will be six in the calendar year will be screened January to June; children who will be nine in the calendar year will be screened September to December. This provides an opportunity to recheck children's vision at age known to be critical for visual problems.

One condition that may be picked up is amblyopia, a condition if untreated before age seven results in a permanent loss of visual acuity in one eye; and to screen once again prior to adolescence, at an age noted for onset of myopia (nearsightedness).

A new consent form for school immunization was implemented to ensure parents are informed of any risks before giving permission.

Outbreaks of lice and scabies occurred throughout the region requiring a considerable amount of time in screening and follow-up.

Preparation for a program to provide support for pregnant adolescents is underway and will be implemented early in April 1989.

In addition to the routine screening, seeing referrals and immunization programs, nurses were asked to give presentations to students on a variety of topics: 76 presentations were made to 1,549 students.

Adult Services

The main contact of public health nurses with adults continues to be in health information and education, in the SAIL Respiratory Program and home visits for various reasons.

Nine presentations were made to 155 adults in the period from July 1,

1989 to March 31, 1989. (Figures not available for April 1 to June 30). One hundred fifty-nine home visits re SAIL respiratory were made in this period.

Communicable Disease Control and Immunization Programs

A review of all materials in the region was carried out in an attempt to consolidate existing materials and ensure consistency of information and service.

Observational and Field Experiences

Experience was planned for 62 students from Kelsey Institute Diploma Nursing Program to observe CHC and home visits this year. A meeting was held in April 1988 to review the nursing experience from the previous year.

Six students from the BSN program U.S. received a four week field experience. Four students were placed with one nurse acting as "buddy" to provide her with observational experience and guide her in carrying out some independent activities. In previous years instructors from the University came with a group of student "borrowing" caseloads. Everyone involved with the new type of experience feels it will be beneficial.

Seven PHN Is and Assistant RNS attended an orientation to the 3rd year nursing program at U of S in April in preparation for providing field experience.

Collection of Statistics

Several changes occurred in the collection of statistics this year. In July, the Public Health Nursing Daily Report form was changed, also the Child Health Clinic Tally Form. Nursing statistics are being placed on a computer at Nursing Division, Community Health Services Branch, Regina. This will eventually eliminate a lot of the manual totalling we have been doing, and provide quick access to selected statistics.

Public health nursing programs have continued to change and improve in an attempt to provide efficient effective service to the people in Health Region #8.

PUBLIC HEALTH NURSING SELECTED STATISTICS

With the change to computerized statistics some of the statistics are collected differently and are only available for limited periods of time. Some figures that are similar have been added together for purposes of comparison.

	1985-86	1986-87	1987-88	1988-89
Number of Nursing Days	1751.75	1977.50	1794.75	2,357
Home Visits:				
Prenatals	70	85	54	65
Infants (postnatal - 12 mos)	721	547	480	694
Preschools (includes phone and office calls)	778	608	587	803
Adult: under 65 years	335	250	270	319 *
over 65 years	319	232	84	360 *
Communicable Disease	85	57	125	118
Total Interviews/Contacts In Addition to Home Visits (All Ages, All Services)	1,802	1,640	2,199	2,622

Prenatal Classes: (computerized statistics July 1, 1988 - March 31, 1989)

Number Held - 54 (10 early series and 9 late series)
Mothers Attended - 99
Father/Coach Attended - 87

Child Health Conference				
Attendance Appointments:	6,368	5,924	5,463	4,889
† Visits:				519
Number of preschoolers immunized against Diphtheria, Pertussis and Tetanus and Polio (4 doses):				668
Number of preschoolers immunized against Mumps, Measles, and Rubella:				678
Number of preschoolers immuized against Hemophilus Influenza Type B:				479
School Programs:				
School Enrollment	-	11,028	11,281	10,633
Students Seen	4,488	4,094	5,360	6,738

* SAIL Respiratory visits are included in these totals.

† previously counted with appointments; visits are for immunization or weight only or for repeat screenings, usually requiring less time than an appointment when several services are provided as described in the infant and preschool programs' "Passport to Health"

SENIOR PUBLIC HEALTH INSPECTOR'S REPORT

The 1988 Public Health Inspection program objectives was the safe guarding of the health of the public from physical, chemical and biological hazards. The importance of education along with the administration of provincial regulations and policies that govern a wide range of environmental conditions throughout the region continue to receive strong emphasis.

BILL WRIGHT

In 1988 we saw a 200 percent increase in our field inspectors. In April Mr. Terry Gibson was seconded from the Humboldt headquarters to Saskatoon till October when he was placed on permanent staff in this region. September 1, Ms. Angela Spitz transferred in from La Ronge. This completed our present complement of Public Health Inspector IIs. During the months of June, July and August, Mr. Garth Scheard, a first year PHI student from the British Columbia Institute of Technology was on staff with this region. The Senior PHI, Bill Wright, is still twinned with Rosetown Region resulting in less than 60 percent of his time being available to this region.

Programs

All facilities requiring licencing or a permit to operate were given high priority. Public eating establishments, bakeries, butcher shops and other food handling facilities were routinely inspected or as a result of complaints. Routine testing of commercial microwaves continued over the past year.

Accommodations

Year end inspections of hotels and motels and mobile home park/trailer courts were completed as required under regulations. An increase in the number of housing complaints and indoor air quality testing requests and consultations has taken considerable time.

The down turn in the local economy did result in the decrease in the number of plumbing and private sewage disposal inspections.

A survey of all municipalities was completed in an attempt to establish which municipalities have building inspectors and if building inspection

services are provided - this was necessitated by the implementation of the Saskatchewan Building Code which now determines plumbing fixture requirements in public facilities. This was previously a stipulation under the Plumbing Regulations.

Education Programs

Regional staff participated in numerous programs over the past year. Angela Spitz and Terry Gibson conducted numerous National Sanitation Training Programs throughout the region within excess of 150 persons completing the course. It is anticipated that the demand for this course will increase as a result of the new Eating Establishment Regulations requiring every facility to have someone on staff at all times who has successfully completed an approved food sanitation course.

Terry Gibson also helped teach the Level I Pool Operators Course in conjunction with the Saskatchewn Recreational Facilities Association.

Terry Gibson attended the Public Health Inspection one-week inservice at the University of Saskatchewan in Saskatoon as our Regional Representative.

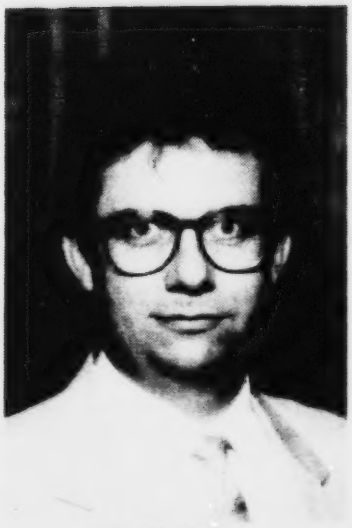
In conclusion, I would like to thank the public health inspectors for their excellent work and cooperation over the last year. They have extended an extra effort in dealing with the routine work schedule and demand services while being short staffed. The assistance and help of the excellent clerical staff has been invaluable.

In order to compare this year's acitivites with others, I have included a side by side comparison of figures for the past three years.

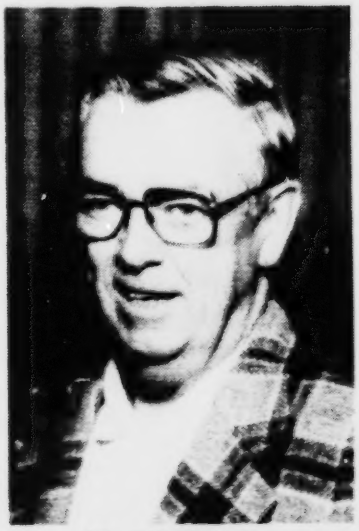
PUBLIC HEALTH INSPECTION SELECTED STATISTICS

	Field Visits			Formal Inspections		
	86/87	87/88	88/89	86/87	87/88	88/89
Public Eating Establishments	179	121	315	228	234	227
Food Processing and Distribution	34	34	92	52	59	19
Liquor Outlets	4	35	33	26	46	36
Communal Water Supplies	0	1	0	0	1	0
Private Water Supplies	6	6	5	N/A	N/A	0
Hospitals	2	3	10	1	3	2
Schools and Institutions	9	8	14	8	10	3
Housing	15	5	23	N/A	N/A	N/A
Trailer and Mobile Home Courts	15	18	7	15	9	30
Hotels and Motels	18	41	13	56	63	12
Industrial Facilities	1	4	6	0	0	0
Swimming Pools	69	136	69	22	21	18
Agricultural Facilities	4	6	3	N/A	N/A	N/A
Recreational Facilities	41	39	47	71	48	60
Public Facilities	8	5	12	19	3	0
Plumbing	464	412	381	N/A	N/A	N/A
Investigations	41	28	9	N/A	N/A	N/A
TOTALS	923	916	1039	498	496	419
General Services (In Hours)						
Travel	908	732	656			
Meetings	190	109	170			
Surveys	72	24	7			
Monitoring	16	15	11			
Training Courses	530	180	165			
Other	33	39	241			
TOTALS	1749	1099	1250			
% Time Spent	34%	28.9%	28%			
Other Services (In Hours)						
Projects	1	23	32			
Staff Meetings	120	40	100			
Staff Development	153	100	85			
General Administration	1260	903	1339			
TOTALS	1534	1066	1556			
% Time Spent	30%	28%	35%			

CHIROPODISTS' REPORT



DR. ED HAUCK



DR. PAT REILLY

Another year of chiropody in Health Region #8 proved to be busy and fruitful. The caseload has increased beyond our expectations. As of March 31, 1989, the caseload stands at 4,828 less approximately 30%, leaving an active caseload in the vicinity of 3,300 divided by the two chiropodists. We average 70 new referrals per month of which 40% (or 25-30) are an at risk category and are seen as soon as possible. Unfortunately, this has had a drastic impact on our waiting list which has once again increased to over 350.

Inservices for this fiscal year are reduced. Some nursing homes didn't think they needed another inservice for this area at this time, considering they had all been done the previous year. There are certain groups and educational facilities that have ongoing inservices which we are invited to annually.

Davidson and Watrous satellite clinics continue to be busy. They are visited once per month for one or two days, depending on the demand for that month. Watrous Hospital has a new facility which has all services on ground level. Very aesthetic decor and a pleasant atmosphere are provided. The current caseloads are: Watrous - 453, Davidson - 254.

We would like to extend our appreciation to our ever faithful assistants, Dorothy Gamble and Maureen Frank. Without their dedication and hard work the Chiropody office would not run so smoothly. Also Edna Birnie, who so efficiently, and what seems so effortlessly, controls the front desk - we extend our gratitude.

CHIROPODY STATISTICS
1988/89

Saskatoon

Category:	1	2	3	4
New	228	72	150	283
Return	1830	718	1898	1854
Total	2058	790	2048	2137

Watrous

Category:	1	2	3	4
New	31	11	25	44
Return	182	32	94	46
Total	213	43	119	90

Davidson

Category:	1	2	3	4
New	15	5	35	19
Return	32	33	165	60
Total	67	38	200	79

Discharges - 800
Surgeries - 78
Orthotics - 58

EARLY CHILDHOOD PSYCHOLOGIST'S REPORT

I commenced my duties as Early Childhood Psychologist at the end of September of 1988. The following report will therefore only cover six months of the 1988-89 fiscal year.

EIGIL JENSEN

Since I have a twinned position, my time is divided between the Saskatoon and the Rosetown regions. Approximately 60 percent of my time was spent in the Saskatoon office.

64.5 percent of my time was spent doing casework. The remainder of the time was spent on travel, office work, public education and professional development. Forty-two percent of the children seen were referred because of a developmental problem with the remaining 58 percent were referred because of behaviour problems of various sorts. The majority of the majority of the referrals (58%) were received from the public health nurses. This indicates that the system, in which the public health nurse is the primary identification agent, is functioning well. Seventeen percent of the children seen were referred by the speech/language pathologists, 13 percent by the parents, and the remaining 12 percent by other agencies such as the Early Childhood Intervention Programs (ECIPs) and the Mental Health Services.

I have developed an excellent working relationship with other agencies in the region, most noticeably the Prairie Hills and the Alvin Buckwold Centre Early Childhood Intervention Programs, but also the Alvin Buckwold Centre itself, and Social Services. I have become a member of the Admissions and Review Committee of the two ECIPs. These programs, furthermore, are the primary therapeutic resource for most of the children with significant developmental problems.

I am grateful for the warm and friendly reception I have received by the health region staff, and I am looking forward to a year of continued cooperation and interesting challenges.

EARLY CHILDHOOD PSYCHOLOGY STATISTICS

Average Monthly Case Load	24
Average Number of New Referrals	4
Referral Sources	
Public Health Nurse	15
Speech/Language Pathologist	3
Parents	4
Others	2
Reasons for Referral	
Developmental Problems	11
Behaviour Problems	10
Multiple	1

PUBLIC HEALTH NUTRITIONIST'S REPORT

Nutrition services for Saskatoon Rural and Rosetown Health Regions are provided from the shared nutrition position headquartered in Saskatoon.

JOHANNA BERGERMAN

A total of 84 group presentations were given to 1,717 people in the two health regions. Forty-five presentations to 866 individuals were in the Saskatoon Health Region. Forty presentations to 851 individuals were in the Rosetown Health Region.

These presentations were given to a variety of audiences from preschool aged children to seniors.

Consultative services, which provided information, materials and advice was given to a total of 772 individuals. Eighty-seven public health nurse consultations were made about client problems; of this number, 55 clients were individually counselled.

Newspaper columns were routinely drafted for Regina. Edited columns continue to be sent to the 12 local newspapers in the Saskatoon and Rosetown Health Regions.

Programs that were focused on this year were:

1. Nutrition Education in the Schools.
2. Healthy Weights for Canadians
3. Support for the "Everyone Wins" community development projects.
4. Prenatal Screening Project.
5. Breast Feeding Project.

Nutrition Education Workshops became an important focus for this year through the demand that was generated by the principals. I approached eleven groups of principals at their regular school district meeting to introduce the Diary Foundation Education and Project Apex materials.

The Dairy Foundation provides these well designed, colorful, nutrition teaching kits and teaching aids for teachers in Division 1 and 2 who attend the training workshop. In addition, Saskatoon Rural and Rosetown Health Regions were selected by the Dairy Foundation for involvement in a Project Apex pilot study. Project Apex combines nutrition and physical activity information into an activity filled, goal orientated, journal project for grade 5 students.

The result of this promotion to the principals was a demand for a total of 15 workshops to 279 teachers. These workshops were done in Saskatoon, Martensville, Dundurn, Eston, Kindersley, Kyle, Sonningdale, Rosetown, Biggar and Conquest. Thirty-three of these teachers were given Project Apex training. I have also worked with City Health Nutritionists to develop additional resource material for Project Apex as it applied to overweight children.

Healthy Weights for Canadians, a National Health and Welfare initiative, which introduces BMI (Body Mass Index) to adults aged 20 to 60, was also included as a high priority program for this past year. Materials to hand out to the public have been developed in Regina over the past year. Presentation materials for male and female have been developed. To date, nineteen presentations on this topic have been presented. As well, BMI stations were set up at the Outlook and Biggar Health Fairs.

Everyone Wins grants given to a number of different communities have requested nutrition support services. Display tables were manned for the Biggar and Outlook Health Fairs. A workshop on "Nutrition for the Athlete" was prepared for presentation to the Special Olympics Conference in Outlook. Assistance has been given to the Biggar Food for Thought community group. This group is preparing a cookbook based on a select number of foods, that would be of the most benefit to those using a food bank. The Lanigan Daycare was given assistance and materials for the nutrition teaching component of their preschooler program.

Nutritional support for mother and child remains the primary focus of nutrition services. Five presentations to 60 mothers were made in the past year. Seven presentations were made to public health nurses which contained updates on nutrition information for this age group. Consultative services to public health nurses is on-going, as is individual consultations. I have worked with a nutrition committee over the past year to develop a prenatal weight record and self-screening tool. I have also worked with an interdisciplinary group in Saskatoon to develop the breast feeding information pilot project.

I would like to thank Dr. Schnee and the staff for their co-operation and support. A special thanks to the Director of Support Services and the clerical staff for their assistance and support.

NUTRITION STATISTICS
March 1988 to April 1989

Group Meetings	Rosetown Number	Rosetown Attendance	Saskatoon Number	Saskatoon Attendance
Preschool Aged	3	70	1	10
Preschool Workers				5
School Students	3	101	11	352
School Teachers	9	115	6	164
Principals/Directors	6	73	5	59
Post Secondary Students			2	30
Public Health Staff	4	52	3	41
Other Health Professionals			3	20
Community Lay Leaders			1	6
Health Representatives/ Councellors	1	35	2	60
Parents (Mothers)	2	35	3	25
Consumers	10	330	6	82
Seniors			1	25
Other: Special Olympics	1	30		
Food For Thought	1	10		
Totals	40	851	44	866

COMBINED TOTALS: 88 sessions; 1,717 attendance

CONSULTATIVE SERVICES:

	Rosetown	Saskatoon
Group:		
Health Region Staff/Health Professionals	143	150
Public	69	70
Educative Personnel	94	91
Community Agencies and Associations	4	7
Others	1	1
Individuals:		
Public Health Nurse Consultations	39	48
Counselled	23	32
TOTALS:	373	399

COMBINED TOTALS: 722

SPEECH AND LANGUAGE PATHOLOGISTS' REPORT

COLLEEN KELLS

KAREN WASYLENKO

The Speech/Language Pathologists (SLPs) of the Saskatoon Rural Health Region provide services to preschool children and adults who have communication disorders. This might be a young child who is slow in learning to talk, a child who has lots to say but is hard to understand, an adult who stutters or who has a hoarse voice, a child with a cleft lip or palate, or an adult who has had a stroke or closed head injury. Our goal is to help the client learn to communicate as effectively as they can.

Referrals are received from other members of the health region staff (public health nurses, early childhood psychologist, etc.) or other agencies such as the Alvin Buchwold Centre, Early Childhood Programs, or family doctors. Parents may also contact us directly requesting service for their children.

During their visit to the public health nurse at three years of age, each child's speech and language skills are screened. During the past year, a new tool for screening the child's communication skills was developed by Community Health Services Branch. Mrs. Wasylenko worked on the committee that developed this new procedure and Saskatoon Rural Health Region participated in the pilot test of the new Communication Screen from August to November. This screening program will be implemented in all the health regions on April 1, 1989.

The SLP may evaluate the child's communication skills alone or as part of a diagnostic and treatment team. Joint evaluations and counselling for parents may be done with the early childhood psychologist, public health nurse, or workers from other agencies. We try to keep in close contact with colleagues in our office and other agencies to insure that we provide a co-ordinated program that best suits the child's needs. We work with the parents and other family members to discover the most effective ways of helping a child learn to communicate well. This may involve direct therapy with the SLP, suggestions to the parents regarding activities to try at home, or consultation with others who are working directly with the child.

Community Health Services Branch also offers an Intensive Stuttering Clinic for adults each year. Mrs. Wasylenko has been a clinician at two of these clinics and, in September of 1988, met with graduates of the program for a "refresher weekend." This refresher helps the clients continue to use and improve the fluency skills they learn during the intensive clinic.

Mrs. Wasylenko continues to represent the Saskatoon Rural Health Region on the Regional Early Childhood Co-ordinating Committee (RECCC). This group includes representatives of various government agencies providing services to young children. It facilitates communication between its members and better co-ordination of services. The RECCC committees of the Saskatoon Rural and Rosetown areas have recently amalgamated.

In May and June of 1988, we had our first student SLP interning in the Saskatoon Rural Health Region. As part of her student practicum, Val Redekopp worked with children and their parents, under the supervision of Mrs. Wasylenko.

Due to a long-term vacancy in the SLP position in the Rosetown Region, Colleen Kells provided some services in Rosetown from April to August of 1988. She provided orientation to the region and to CHSB for the new SLP in Rosetown as well as to two other SLPs beginning work in other health regions. Miss Kells was scheduled to participate in an intensive assessment clinic in Rosetown in February which was unfortunately cancelled due to unco-operative weather!

Miss Kells also spent some time acting as Officer-in-Charge during the vacation leave and later illness of the Director of Regional Support Services. This did cause some disruption to the SLP program.

Mrs. Wasylenko began maternity leave in March. In her absence, Mrs. Orlene Martens will be providing services in Saskatoon and Lanigan and in the Humboldt district office of the Melfort-Tisdale Health Region. Miss Kells will continue clinics in the Saskatoon, Watrous and Davidson Offices.

SPEECH/LANGUAGE PATHOLOGY STATISTICS

	1987-88	1988-89
Referrals (by source)		
PHN referral from 3 year screen	45	60
All other PHN referrals	29	56
Early Childhood Psychologist	3	2
Physician	13	25
Sask. Hearing Aid Plan	1	0
Parents	14	8
Other	17	5
TOTAL	122	156
Diagnosis (by primary presenting handicap)		
Articulation	48	75
Language	36	40
Voice	2	3
Fluency	7	9
Associated Conditions	3	3
Normal	12	16
TOTAL	108	146
Discharge (by reason)		
Initial assessment normal	14	24
Treatment goals reached	36	51
Transferred	31	29
Moved	10	13
Service refused	17	22
Other	16	18
TOTAL	124	157
Monthly Caseload	(average monthly)	(as of March 31/89)
Waiting for assessment	31.4	19
Waiting for therapy	2.5	—
In Treatment	80.3	111
By Schedule:		
Less than one times per week	0	0
One times per week	14.3	14
2 times per month	5.6	14
1 times per month	10.2	21
Once every 1-3 months	29.9	34
Once every 3 months or less	20.3	28
By Treatment Type:		
Individual therapy	20.8	32
Group therapy	.3	0
Third party programming	9.4	2
Under review	49.8	77
Review		
Number reviewed	6.8	12
Overdue for review	21.3	20
TOTAL CASELOAD	114.3	130

DENTAL HEALTH EDUCATORS' REPORT

MARGOT WALLACE

CHARLOTTE SALTE

LESLIE TOPOLA

The role of the dental health educator is to promote dental health education in the community. We also act as consultants to individuals or groups who request dental health information (eg: teachers, parents, seniors, children, health professionals, minor sports associations). The program is fully staffed with three dental health educators and is in the second year of operation.

The Dental Health Education Program provides services to the City of Saskatoon and surrounding rural areas. The rural areas consist of the following school divisions:

1) Saskatoon West #42
2) Saskatoon East #41
3) Long Lake #30 (only Imperial, Young, Simpson and Watrous)
4) Outlook #32 (only Strongfield, Elbow and Loreburn)
5) Davidson #31 (excluding Eyebrow)
6) Saskatchewan Valley #49 (excluding Duck Lake)
7) Others - Swanson Christian School
   - Rosthern Adventist Academy
   - Rheinland Mennonite
   - Osler

Elementary School Dental Health Program

The emphasis of the program remained on school children for the 1988-89

year. The program was expanded to include Kindergarten to Grade 6, previously Kindergarten to Grade 4. Due to this expansion, one presentation was given to each classroom as opposed to two in the 1987-88 program. Each presentation is geared to the age/grade level involved. The topics we cover are:

1) Types of teeth and function.
2) Roles of teeth (e.g.: eating, speaking, appearance).
3) Tooth eruption.
4) Diferences between deciduous (baby) teeth and permanent teeth.
5) Plaque - definition, location, plaque chain.
6) Importance of fluoride.
7) Visit to the dentist.
8) Brushing/Flossing techniques.
9) Periodontal disease.
10) Diet and dental health.
11) Tooth structure - basic and supporting.
12) Dental Safety/Protection/First Aide.
13) Dental products.

The children receive brushes and/or floss, coloring sheets and/or pamphlets, posters for their classrooms a well as information to take home for their parents.

Fluoride Mouthrinse Program

Fluoride mouthrinse programs are available to all schools where the fluoride level in the water is below one part fluoride per million parts of water. The objective of the program is to reduce dental caries by weekly/bi-weekly swishing of a fluoride solution.

Dental Health educators provide schools with all the supplies, consultations and workshops necessary to operate a fluoride mouthrinse program independently.

In December 1988, "Certificates of Appreciation" were sent to all classrooms participating in the fluoride mouthrinse program. This was done to thank them for their involvement and contributions to the program. Communities participating in the fluoride mouthrinse program are:

Aberdeen Composite	Grades 1-12	278 students
Dundurn Elementary	Grades 1-8	91 students
Hague	Grades 1-8	200 students
Hanley Composite	Grades 1-6	93 students
Hillcrest Hutterite	Grades 1-9	19 students
Waldheim	Grades 1-6	94 students

Preschool and Daycare Centres

During the 1988-89 fiscal year, Charlie Chew and Gary the Gopher were

introduced as theme characters for the preschool kit. The kit contains dental health material for use by daycare preschool workers upon request. The kit includes an instruction manual, storybooks, activities, song, large mouth model (brush, poster, pamphlets, tooth stamp, dental mirror in addition to toothbrushes and coloring sheets for each child.

Special Presentations

Dental Health Educators manned a table clinic at the Saskatchewan Sports Association Symposium on October 21 and 22. The focus was on mouth protection in sports. The display consisted of photographs showing dental injuries versus a person wearing a mouthguard. The various stages of making a mouthguard were exhibited.

Margot Wallace made presentations to parents of preschool children at the Saskatoon Community Health Clinic in October and November 1988 and January 1989. She concentrated on beginning good dental habits early (e.g.: supervised brushing/flossing, proper nutrition).

The grade seven and eight classroom at King George school requested a dental health presentation in March 1989. Margot Wallace made the 30-minute presentation on prevention of periodontal disease.

Seminars and Workshops

All dental health eduators participated in the "Serving People First" seminar held in Saskatoon on February 7, 1989. Margot Wallace and Charlotte Salte served on sub-committees created after the seminar. The purpose of the seminar and resulting sub-committees was to enable CHSB staff to discuss, form and implement standards/strategies designed to improve public relations by working together for health and well-being.

Margot Wallace participated in a two-day course on cross-cultural communication offered by the Public Service Commission in February 1989. The purpose of the course was to increase awareness of minority groups, recognize barriers that prevent them from being accepted in society, and develop strategies to improve service to those client groups.

Charlotte Salte and Leslie Topola attended the "Transparency In-Service" on September 26, 1989.

Dental Health Month

The Honourable George MacLeod proclaimed April as Dental Health Month with the promotion of the book "A Walk With Charlie Chew". This is a book targeted for young children and it was writen by three dental health educators with Saskatchewan Health. Copies of the book were mailed in April to:

1) Elementary Schools - 1 copy for kindergarten
   - 1 copy for each Grade 1 and Grade 2 class
   - 1 copy for resource centre

2) Daycares - Licensed centres and homes

3) Dental Offices

4) Libraries

Copies were made available to all CHSB regional and district offices as well a distributed as prizes at malls (trade fair displays).

Other activities that occurred during Dental Health Month were:

1) Dental Health Promotional Display:

   This consisted of a three-sided display board depicting the Dental Health Education Program, the Children's Dental Program, the Everyone Wins Logo and Charlie Chew. The table display featured various over-the-counter dental products and mouth models. A selection of pamphlets, toothbrushes, floss and copies of A Walk With Charlie Chew were available as giveaways. Displays were set up in the following areas:

   a) Lanigan Trade Fair - April 7 and 8, 1989. Giveaways included approximately 457 adult toothbrushes, 225 children's toothbrushes, 288 floss samples, 100 pamphlets and 10 storybooks.

   b) Davidson - April 28, 1989. The display was located in the Davidson Regional Library from 1:00 p.m. - 5:00 p.m. Giveaways were 25 adult toothbrushes, 20 children's toothbrushes, 30 floss samples, 30 pamphlets and 5 storybooks.

   c) Three in Saskatoon City Malls.

      i) The Mall at Lawson Heights - April 20th. We gave away 318 adult toothbrushes, 288 floss samples, 430 pamphlets and 10 storybooks.

      ii) Circle Park Mall - April 21st. We gave away 650 adult toothbrushes, 350 children's toothbrushes, 288 floss samples, 510 pamphlet and 10 storybooks.

      iii) Confederation Park Plaza - April 22nd. We gave away 300 adult toothbrushes, 575 small toothbrushes, 288 floss sample, 500 pamphlets and 10 storybooks.

The purpose of these displays was to raise the general public's awareness of the role of the dental health educator, along with providing current dental information.

2) Letters and packets of dental health information were sent to 90 schools. The package included ideas for Dental Health Month suitable for schools and a short article for publishing the school newsletter.

3) Media-A package of materials including schedules of events and articles on dental health was delivered to all television and radio stations in Saskatoon to promote dental health month.

4) Public Affairs sent two articles to all daily and weekly newspapers. The article were titled Have you Taken a Close Look at Your Toothbrush Lately? and To Swish or Not to Swish. Both were written by dental health educators.

Program Development

A large portion of the year's activities again revolved around research and lesson planning. Visual aids were designed and prepared. Ideas for new pamphlets were created and submitted. This will remain an integral part of our program as it changes and evolves in the future.

1988/89 Dental Health Program Statistics

Number of schools visited	- 124
Number of classrooms visited	- 1,112
Number of student seen	- 24,390

COMMUNITY THERAPY REPORT

DANA BEST

JAMES GATTINGER

HELENE SCHAAN

REPORT by DANA BEST, Lanigan Office

Therapy Services Provided

I provide Community Therapy Services to the following communities working two days/week:

Lanigan Hospital and Outpatient Clinic	2½ days/month
Lanigan Lodge and Home Visits (4 x 1/4 day)	1 day/month
Leroy Lodge and Home Visits	½ day/month
Nokomis Hospital and Home Visits (2 x 1/2 day)	1 day/month
Watrous Outpatient Clinic	2 days/month
Meetings (employee, Provincial Community Therapist, education days)	1 day/month
	8 days/month

My visits to the Strasbourg community were discontinued in June 1988, when Nancy Piluk, a Regina Rural Health Community Therapist took over that area.

As the Lanigan and area doctors continued to underutilize the outpatient clinic service, I began in September 1988, travelling to Watrous 2 days/month to conduct an outpatient clinic because Helene Schaan's Watrous outpatient referrals were very high.

In 1988-89 I worked 95 3/4 days (plus 4 1/2 unpaid days) with approximately 5.4 patients/treatment days. (See statistics).

Workshops - no day long workshops were presented this year.

Inservices and Community Lectures - 1/2 to 3 hours.

1. April 14, 1988 - "Body Mechanics, Lifts and Transfers" to 12 care givers at Strasbourg Lodge.

2. April 19, 1988 -"Long Term Care Range of Movement Maintenance" to 3 care givers at Nokomis Health Centre.

3. April 20, 1988 - "Back Extension Mobilizing" and "Pullys to Maintain ROM" to 2 care givers at Lanigan Lodge.

4. May 31, 1988 - "Transfers, Sitting and Standing" to 2 RNs at the Nokomis Health Centre.

5. June 14, 1988 - "Orientation to Community Therapy" to 1 RN at the Nokomis Health Centre.

6. June 23, 1988 - "Orientation to Patient Therapy Programs" in Strasbourg Lodge to 2 therapists.

7. June 27, 2988 - "Use of Hoyer Lift" to 5 home care workers in Watrous.

8. June 28, 1988 - "Post Hip Surgery Exercises and Range of Motion" to 2 RNs at Nokomis Health Centre.

9. August 9, 1988 - "Special Needs Equipment" to administration at Lanigan Union Hospital.

10. August 30, 1988 - "Long Term Care Therapy" to the activity worker at Nokomis Health Centre.

11. September 15, 1988 - "Long Term Care Range of Motion and Programs for the Congnitively Impaired" to 25 community therapists at our Provincial Meeting.

12. September 16, 1988 - "Transfer, Lifts and Carrying" T.L.C. presented by Pat Ingells from S.H.A. to 12 care givers at the Nokomis Health Centre.

13. September 16, 1988 - "Back care and Lifting" ideas to incorporate into an education class taken by a local university student.

14. September 16, 1988 - "Programs for Cognitively Impaired" to 1 activity worker at Nokomis Health Centre.

15. September 29, 1988 - "Wheelchair Seating" presented by Independent Living Inc. to 25 care givers at Leroy Lodge and Lanigan Hospital, Lodge and Home Care.

16. September 29, 1988 - "Use of Transfer Belts" to 1 care giver at Lanigan Hospital.

17. November 8, 1988 - "Transfer Board, Transfer Belts and Back Care" to 4 care givers at the Nokomis Health Centre.

18. November 15, 1988 - "Chest Care, Postural Drainage" to 2 care givers at Lanigan Lodge.

19. November 22, 1988 - "Back Care and Current Management Programs" to 4 care givers at the Nokomis Health Centre.

20. December 6, 1988 - "T.L.C. Review" with 6 care givers at Nokomis Health Centre.

21. December 6, 1988 - Activity Worker job description planning with administration and D.O.N. at Lanigan Hospital.

22. January 12, 1989 - "Sciatic Pain and Pregnancy" to 2 public health nurses at Lanigan.

23. January 18 to March 25, 1989 - Physio week public relations.

24. January 30, 1989 - "Measuring for a Shorter Leg" to 2 public health nurses.

25. January 31, 1989 - Orientation to community therapy to a new public health nurse, Lanigan.

26. February 14, 1989 - "Measuring for a Wheelchair" to 2 public health nurses.

27. March 6, 1989 - "Exercise Programs for 2 to 4 year olds" to day care workers at the Lanigan Co-operative Day Care.

28. March 7, 1989 - "Placement of Office Equipment for Good Neck Care" discussion with 2 Lanigan Hospital Office Staff.

29. March 14, 1989 - "Post-Hip Surgery management" to 2 care givers at the Nokomis Health Centre.

30. March 15, 1989 - "Repositioning, Use of Transfer Discs and Boards, New Lifts" to 13 care givers at the Lanigan Lodge.

31. March 29, 1989 - "Basic Body Mechanics, Transfer and Gait Assistance" to 5 care givers at Lanigan Home Care and Lodge.

Special Events - during the year.

1. Field Staff Conference in Saskatoon - April 12, 1988.

2. A half-day visiting the new Parkridge Centre in Saskatoon and the Multiple Sclerosis Clinic - September 26, 1988.

3. "Serving People First" seminar in Saskatoon - February 7, 1989.

Provincial Community Therapy Meetings

1. September 14-15, 1988 in Regina.

2. December 8-9, 1988 in Saskatoon.

Professional Meetings

At the request of St. Elizabeth's Hospital in Humboldt I conducted an orientation for the new physical therapist and the rehabilitation aide on May 6, 1988.

Continuing Education - courses taken:

1. June 15-17, 1988 - "Muscle Energy" an active mobilizing techniques course in Saskatoon.

2. June 24-25, 1988 - "Focus on Gerontology", Saskatoon (own time).

3. September 26, 1988 - "Making Transparencies", Saskatoon.

4. November 17-18, 1988 - "Back to Backs" - patient management in Regina (own time).

Areas of Concern

1. I wrote a request to open an Outpatient Therapy Clinic in Nokomis which is under consideration.

2. I would like to see more public relations (i.e.: public education) re community therapy in communities. This could possibly take the form of ongoing newpaper articles. This is an area I will give some time to in the next year.

1988/89 PATIENT CARE STATISTICS - Dana Best

	In Patients	Out patients	Other	Total
Attendance	104	149	167	420
New Referrals	41	47	53	151
Active Carryovers	-	-	-	-
TOTAL Caseload	-	-	-	151

Non-Patient Care Activities (Hours)

Education:	54
Staff Development	
Public Education/Prevention	
Consultation:	15 3/4
Expert/Technical Advice	
Support:	159
Program Planning	
Employee Meetings	
Statistics	
Preparation/Clean-Up	
Other	
Travel:	88 1/2

REPORT by JAMES GATTINGER, Saskatoon Office

Community therapy services resumed in District #8 in October 1988 following a leave-of-absence from May to September. Service continued on the "usual" basis for the rest of the calendar year. As more outpatient referrals were retained, several monthly visits to smaller communities, were placed on an "on-call" basis. By the end of January 1989 all centers with prior monthly visits were placed on an on-call basis. The extra time was spent providing more outpatient service at Rosthern. Dalmeny and Warman areas continued to require frequent home and nursing home service, while Duck Lake, Borden and Langham dropped off slightly. In-service continued to be done regularly, however more emphasis was placed on in-hospital in-services, particularly in the field of respiratory. Three in-services on respiratory were provided to the nursing staff at Rosthern in February to April.

Most referrals continue to be sent from local physicians in Rosthern, however increasing numbers have been received from hospitals and physicians in Saskatoon. This provides excellent opportunity to exchange (information) between the health professionals and adds to enhance our programs familiarity with the public and health fields.

Working independently in the field continues to provide the most frustration. However, I feel fortunate as the location of my region allows prompt communication and intervention with therapists when difficult situations arise. The lack of equipment (ex: fitness) and distance required for some out-patients, to drive and the out-patient center can also be frustrating as it limits the amount and quality of treatment provided.

Highlights for 1988/89

- WCB Back-to-Back Conference, Regina - November 1988.
- increased time allocation for out-patient service.
- receptive personel for in-service education.

Lastly, I would like to extend the warmest appreciation to the office staff and other health professionals with whom I have worked over the last 2 1/2 years. You have made my job both enjoyable and satisfying. I will be resigning my position as of April 30, 1989 to challenge new horizons. My prayer and good wishes to you all for health and well being.

REPORT by HELENE SCHAAN, Watrous Office

Service Provided

Watrous: 5 days/month - Outpatient Clinic
4 days/month - (1) Inpatient
(2) Special Care Home
(3) Home Care
(4) Home Visits
(5) Administration
(6) Inservice Preparation and Delivery

Davidson, Craik and Imperial:
(1) Outpatients seen at Outpatient Clinic in Watrous.
(2) All other duties and services on call from hospitals, special care homes or home care or other agencies needing professional services provided by community therapist.

Paid Days

Number of paid hours = 928

Average number of patient visits per treatment day = 7 patients/day
minutes/patient

Sick Days Taken - 12 working days (surgery) (96 hours)

Workshops Presented - 3 hours ++

1. October 12, 1988 - "Range of Motion Positioning Patient Handling" - Prairieview Lodge.

2. November 29, 1988 - "Physiotherapy in Geriatrics" - Manitou Lodge.

3. December 21, 1988 - "Range of Motion Positioning Patient Handling" - Prairieview Lodge.

Inservices Presented - 3 hours ++

1. April 13, 1988 - "Care of Back" (Mini Inservice) - Watrous Union Hospital Staff.

2. May 10, 1988 - "Post-Op Care of Hips" (Mini Inservice) - Imperial Union Hospital Staff.

3. May 17, 1988 - "Post-Op Care of Hips" (Mini Inservice) - Imperial Union Hospital Staff.

4. August 24, 1988 - "M.S. - ROM - Position" (Mini Inservice) - Watrous Union Hospital.

5. August 30, 1988 - "Positioning of Level IV Care" - Watrous Union Hospital.

6. September 7, 1988 - "Transfer, ROM in Bed" - Watrous Union Hospital.

7. October 11, 1988 - "Measuring for Crutches, Proper Use and Management" - Watrous Union Hospital.

Special Events

1. May 4, 1988 - Orientation to new hospital facilities - use of phones, call system fire, etc.

2. February 7, 1989 - "Serving People First" Seminar.

3. September 26, 1988 - "MediChair" Saskatoon - production information and availability.

4. September 26, 1988 - "Parkridge" - information re facilities.

5. September 26, 1988 - "M.S. Clinic" consult and meeting with M.S. consultant.

6. November 9, 1988 - "Slender World" - view , assess their product and claims.

Public Relations

1. October 14, 1988 - Watrous Union Hospital - Conducted tours - P.R.

2. March 19-25, 1989 - during "National Physiotherapy Week"
   - prepared article for publication in local paper.
   - hosted morning coffee for Allied Health Professionals on March 20.
   - distributed pins, posters, etc.

Provincial Community Therapy Meetings and Benefit Education

1. September 14-15, 1988 - Community Therapy Meeting, Regina.

2. December 8-9, 1988 - Community Therapy Meeting, Saskatoon.

3. September 29, 1988 - Inservice at Lanigan Lodge, w/c and equipment "Independant Living."

4. October 4, 1988 - Inservice on Versa Lift from Schaan Health Care Center.

Professional Meetings

1. Field Staff Conference - April 12, 1988.

2. Systems Committee Meetings (2).

Continuing Education Courses

1. September 26, 1988 - "Preparing Transparencies".

2. November 17-18, 1988 - "Back to Backs" Conference - Regina (on own time). Expenses paid.

3. February 21, 1989 - "Alzheimer's Workshop" - Humboldt (my own time and expense).

4. February 23, 1989 - "Stress Workshop" - Watrous Stella (my own time and expense).

Areas of Concern

1. Due to the increase in outpatient referrals generated by Watrous/ Imperial area - Dana Best has been holding an Outpatient Clinic in Watrous one day every two weeks since September 1988.

   Dana's Watrous statistics are not included in my statistical report.

Number of clinics held	- 12
Number of patient attendances	- 62
Direct units	- 2,030
Indirect units	- 770

The community work generated out of Watrous has gradually taken over much of my time and the outlying areas of Imperial Hospital, Craik Hospital, Davidson Hospital, SCH and Home Care in these areas have been on an "on call" system and this has probably been underutilized (I have not been called).

1988/89 PATIENT CARE STATISTICS - Helene Schaan

	In Patients	Out Patients	Other	Total
Attendance	117	352	-	469
New Referrals	38	98	-	136
Active Carryovers	28	121	-	149
TOTAL Caseload	-	-	-	285

Non-Patient Care Activities (Hours)

Education:	
Staff Development	21.5
Public Education/Prevention	7.0
Consultation:	
Board/Committee	3.0
Expert/Technical Advice	49.75
Support:	
Program Planning	39.75
Employee Meetings	47.75
Statistics	49.50
Preparation/Clean Up	31.75
Other	60.0
Travel	51.75